



MORE POLICE AND FIRE DIE BY SUICIDE THAN LINE OF DUTY DEATH.

this is why we do what we do - Rob Michaels

STRENGTH FOR THE JOURNEY

Emotional Physical Financial Family Faith



**Serving
Public Safety &
Medical Providers
since 2011**
Robert Michaels, M.A.
CEO / Founder

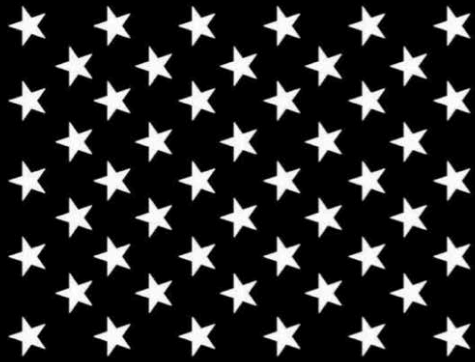




rob@serveprotect.org

615-224-2424

THIS IS WHO WE SERVE



HOMELAND SECURITY

@OhioCops

LAW ENFORCEMENT

FIREFIGHTER / EMS

CORRECTIONS

DISPATCH

MEDICAL PROFESSIONALS

THIS IS WHO WE ARE
SERVING FAMILIES - SAVING LIVES
6000+ SINCE 2011



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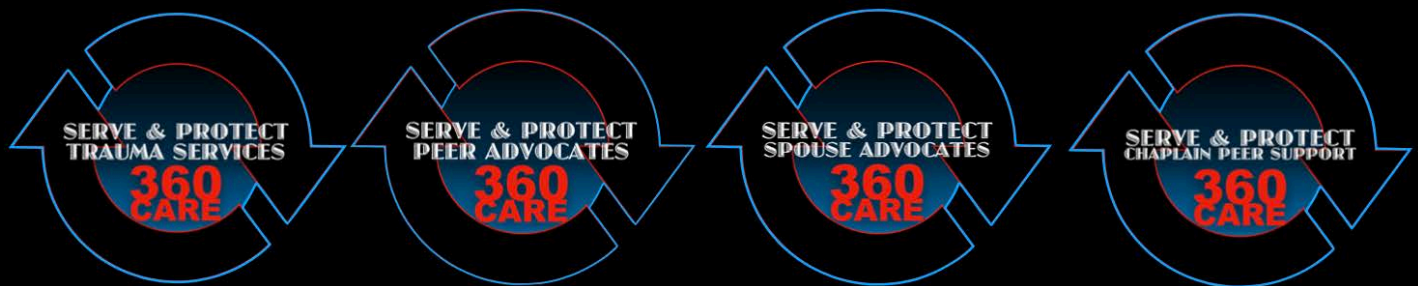
CONFIDENTIAL - NATIONWIDE
BE TRANSFORMED BY THE RENEWING OF YOUR MIND

THIS IS WHO WE ARE



Serving Families - Saving Lives
Since 2011
More Than 5,500 Have Found
Hope & Healing

THIS IS WHAT WE DO



FREE MOBILE APP



LIVE SEMINARS



FREE ONLINE SEMINARS

Trauma Services Facilitation & Education

Exclusive for Public Safety Professionals and Their Families
Police Fire EMS Dispatch Corrections Chaplains Spouses Forensic Medical

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MORE FIRST RESPONDERS DIE FROM SUICIDE THAN FROM LINE OF DUTY DEATH

PTSD: 'The Dirty Little Secret of Law Enforcement'

By Tiffany S. Thomas | March 21, 2018

f LIKE t TWEET e EMAIL p PRINT o MORE



US Capitol Police march in honor of slain officers Jacob Chestnut and John Gibson, July 1998. Photo by Elvert Barnes, via Flickr

On a warm early morning in 2007, police officer Mark Dibona was sitting in his cruiser in front of a fire station in Sanford, Florida.

Dibona was taking notes in his police logbook when a woman carrying an unconscious infant approached him, frantically asking for help.

"My baby

2018

144 POLICE OFFICERS WERE KILLED IN
THE LINE OF DUTY

27 K9 POLICE OFFICERS WERE KILLED IN
THE LINE OF DUTY

12 POLICE OFFICERS DIED THIS YEAR
FROM 9/11 RELATED ILLNESSES

OVER 166 POLICE OFFICERS TOOK THEIR
OWN LIVES



THEY LAY DOWN THEIR LIVES EVERY DAY
TO KEEP YOU SAFE THE LEAST YOU CAN
DO IS THANK A POLICE OFFICER.



LAW ENFORCEMENT TODAY

RADI



gpfp.photography

158 American Police Officers Died by Suicide in 2018

Posted by [Karen Solomon](#) | Dec 31, 2018 | [News](#), [Featured](#) | 3,975



For the third straight year, police officer suicides exceed all combined causes of line-of-duty deaths.

In 2018, at least 158 officers died by suicide, nine percent more than the total number of line-of-duty deaths resulting from 15 other causes such as felonious assault, patrol vehicle accident, heart attack, and duty-related illness.

- FIREFIGHTER & POLICE OFFICERS
- PTSD AND DEPRESSION
- 5X'S AVERAGE PUBLIC

'Silence can be deadly': 46 officers were fatally shot last year. More than triple that — 140 — committed suicide.

Christal Hayes, USA TODAY

Published 3:20 p.m. ET April 11, 2018 | Updated 3:39 p.m. ET April 12, 2018

2017

WHITE PAPERS & RESEARCH

Study: Police Officers and Firefighters Are More Likely to Die by Suicide than in Line of Duty

A white paper commissioned by the Foundation has revealed that first responders (policemen and firefighters) are more likely to die by suicide than in the line of duty. In 2017, there were at least 103 firefighter suicides and 140 police officer suicides. In contrast, 93 firefighters and 129 police officers died in the line of duty. Suicide is a result of mental illness, including depression and PTSD, which stems from constant exposure to death and destruction.

OUR PROVEN MODEL

Education: in partnership with Safe Call Now and several other partners who travel the country providing seminars and distributing our information, as well as previous clients who want peers to know where they found help - we make every effort to raise awareness that help is available. Another resource is the cadre of public safety professionals / families we have helped who distribute cards to help peers.

Facilitation: through initial contact with a Safe Call Now peer advocate answering the crisis line, callers are assessed for proper solution to their reason for calling. If residential care is needed, Safe Call Now facilitates that process from start to finish. If trauma therapy in the caller's area is appropriate, Serve & Protect facilitates the proper service and the appropriate level of trauma care.

Our **A-TEAM** is the core of our work. Our **clinical advisor, trauma services manager**, and a cadre of **peer advocates**, seasoned first responders who have diverse experience personal and professional experiences each are ready to serve. Some had administrative trauma, others involved in shootings, and others serious injury. The peer advocates serve callers while a proper counselor is located.

Our **unique 360 Focus** provides a completeness that has become our trademark. If a caller to the crisis line is referred to residential care, Serve & Protect is equipped to step in to locate a Chaplain for the family while the spouse is getting treatment. As the first responder approaches release, we work to locate a trauma therapist to help maintain a continuum of care for maximized recovery. In addition, we can locate other services like AA or Celebrate Recovery programs or intensive outpatient programs in their area.

Restoration: the heartfelt goal for Serve & Protect and our partner Safe Call Now is providing care needed by our heroes with care designed to restore them to duty and their family equipped to face the future together. We work to insure recovery through a well-planned aftercare program of trauma therapy. We provide real solutions for real problems for public safety.

Serve & Protect was founded in 2011 by Robert Michaels who served both as a MP and also on patrol and detective bureau with Norfolk VA Police. Michaels earned a B.S. from Columbia International University and M.A. from Wheaton College (IL). He is Chaplain for the FBI Memphis Division, Nashville Resident Agency, Chaplain for ATF Nashville Region and Chaplain for Brentwood Fire Department (TN). He is a member of the American Academy of Experts in Traumatic Stress and National Center for Crisis Management, and recipient of the 2017 FBI Director's Community Leadership Award, Memphis Division. Serve & Protect has been recognized by both the Tennessee House and Senate through Proclamations and Joint Resolutions for the work of the organization.



Understanding 360CARE

Serve & Protect created 360CARE to better provide emotional wellness support for public safety professionals. To that end, we have distinct components for serving:

- Serve & Protect **therapist referral services**, which is the backbone of what we have done for almost 8 years and 5,000 referrals. This is business as usual. SCN Peer Advocates send the referral to Ron Jones and Rob Michaels with the contact info, zip code, email, phone, insurance carrier, and a brief description of the need. One of our S&P peer advocates will work directly with the caller through referral.
- Our new **360CARE** enhances the ability of SCN and S&P to address the need of the caller referred to residential care in a more comprehensive way. When SCN places a caller in residential care, S&P offers the following:
 - We will assign a spouse peer advocate to the family at home while their loved one is in care.
 - We can assign a chaplain as well, if the family desires. SCN can offer this.
 - Once in residential care, IF the facility contacts us to advise of release date, we will locate a trauma therapist in the same manner as we do for non residential clients. This will aid in the continuum of care.
- **NEW SERVICE** – Serve & Protect launched a **Chaplain Peer Support** service for public safety chaplains. We have a cadre of seasoned chaplains available to help. When you get such a request, email Ron and Rob the name and contact information of the chaplain requesting peer support.
- **COMING SOON** – We will launch an all new **Spouse Peer Support** service to provide insight and hope for public safety spouses troubled by their loved in public service. Spouse peer advocates will be led by Mendi Keatts, who went through the police academy and is now a therapist – married to an officer. Together we are building a cadre of spouse advocates, launching this quarter.

QUESTIONS? CALL OR EMAIL ROB MICHAELS, rob@serveprotect.org

INNOVATION THAT SERVES FAMILIES AND SAVES LIVES - FREE

- only available mobile app for first responders to combine seminars, articles PLUS ONE CLICK CONNECTION TO CRISIS LINE
- three unique seminars on trauma, finance and faith - each live streamed on Facebook and captured on video for free download.
- **COMING SOON:** first public safety Talk Line for when they are not in crisis but need a listening ear.
- **COMING SOON:** first responder spouse peer advocate support

Serve & Protect is a unique cutting edge 501(c)(3) non-profit corporation based in Brentwood TN, reaching Internationally. Since our founding in 2011, we have provided help for almost 5,000 public safety professionals and their families.

We facilitate trauma services for public safety professionals, locating the right resource to address the real issues they face. We narrowcast our facilitation locating a resource in their community that takes their insurance and understands their job. Another uniqueness is our **A-Team**, dedicated professionals available to serve public safety in crisis.

Our unparalleled 360Care builds on our partnership with Safe Call Now. When they have a residential referral, we offer a Chaplain for the family of the patient, to assist while they are in treatment. Moreover, we offer the treatment facility our service to locate a local therapist for outpatient care when the first responder returns home, enhancing the continuum of care.

Serve & Protect was founded by former MP and Norfolk Police Detective Robert Michaels, who also serves as Tennessee Fraternal Order of Police State Chaplain, and Chaplain for FBI Memphis Division, Nashville Resident Agency. Michaels is a member of the American Academy of Experts in Traumatic Stress, National Center for Crisis Management, Society for Police and Criminal Psychology, and Infraguard. He is an active member and 2nd VP of TN FOP Lodge 41, Morris Heithcock Lodge, Williamson county. He is also the founder of Guns'n'Hoses Bible Fellowship in Brentwood TN. Michaels serves as an adjunct instructor for local agencies in-service training.

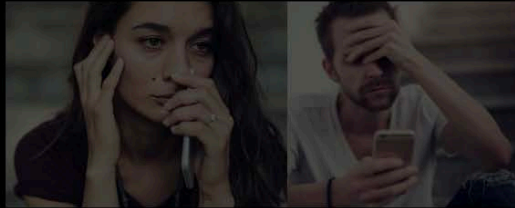
SERVE & PROTECT

Strength for the Journey
Beyond Survive - Strength To Thrive
BODY MIND SOUL
Tools for
Emotional Physical Family Financial
Spiritual Wellness

Strength for the Journey
Beyond Survive - Strength To Thrive
BODY MIND SOUL
Tools for
Financial Wellness

Strength for the Journey
Beyond Survive - Strength To Thrive
BODY MIND SOUL
Tools for
Spiritual Wellness

MAKE HOPE IS ON THE LINE THE CALL



Sometimes life is overwhelming.
At times, hope seems far beyond your grasp.

But it comes down to THAT moment.
THAT choice.
Life or death.

Heart pounding. Mind numb.
Too many of us get there, to that place.

There IS hope beyond the tears.
On the other side of that terrible emotional pain.
GIVE HOPE ONE LAST CHANCE.

MAKE THE CALL

TOGETHER, WE WILL FIND YOUR HOPE
YOU ARE NEVER ALONE



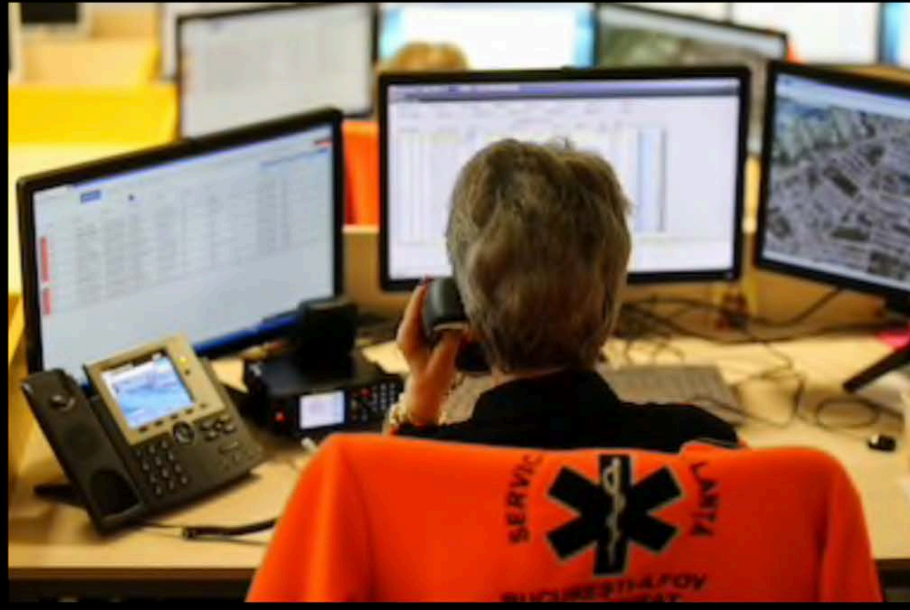
CONFIDENTIAL CRISIS LINE

615-373-8000

The Place Where Hope Is Found
FIRST RESPONDERS TAKE YOUR CALL
WWW.SERVEPROTECT.ORG
REAL SOLUTIONS FOR REAL PROBLEMS



DISPATCHERS HAVE HEARD IT ALL



911 Dispatchers are on the front line. They are the first call for births, deaths, robberies, fires, accidents, explosions - and officer down, firefighter down.

Any emergency.

Citizens call, they answer "911 what is your emergency."

Many jurisdictions are designating them first responders.

As they should.

At Serve & Protect, we have helped many in dispatch who struggle with the trauma they hear every day. Life . . . and death.

If you are a dispatcher struggling with depression, nightmares, recurring thoughts, and the other signs of trauma, call us. We will locate a therapist near you, who understands your job and takes your insurance.

CONFIDENTIAL - NO CHARGE - NATIONWIDE

Like you, we listen and find the right solution - to restore hope, give healing.

WE ARE FIRST RESPONDERS FOR FIRST RESPONDERS.



615-373-8000

www.serveprotect.org



BEFORE MAKING A CHOICE THAT CAN'T BE UNDONE

Let us help you find
HOPE

SOMETIMES LIFE SEEMS UNBEARABLE. I GET IT. REALLY!

That feeling of aloneness, hopeless, emptiness, that surreal sense of no one cares or would even know you are gone. The pain. But you still have real options.

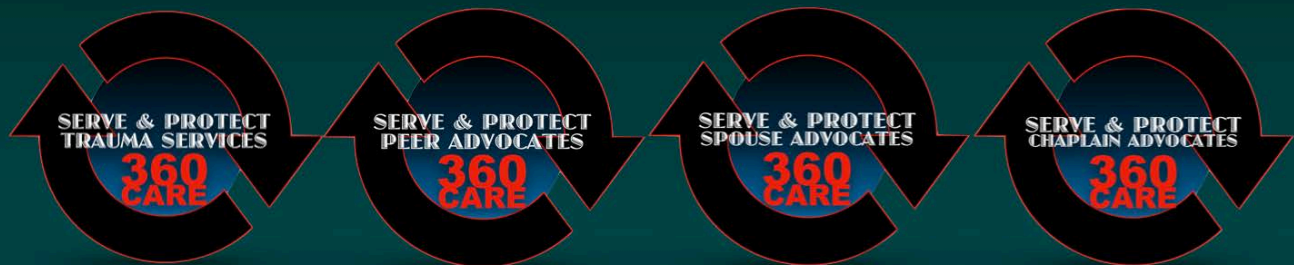
SOMEONE YOU CAN TRUST DOES CARE.

I started Serve & Protect having served with Norfolk Police, and I saw the harsh climate in law enforcement today. The trauma is not just what you see or experience. It can be emotional abuse from politicians, media, and sometimes the administration. Maybe you are emotionally exhausted from the struggle for hope.

YOU ARE NOT ALONE. EVER.

Serve & Protect is a free non-profit created for your benefit. We provide a confidential peer advocate to listen and help find your hope. We will locate a trauma therapist who takes your insurance and understands **YOUR** job. We charge nothing.

LET US BE YOUR BEST LAST CHANCE TO FIND HOPE & HEALING.
CALL US. WE ARE YOUR CONFIDENTIAL ADVOCATE FOR LIFE.



Trauma Services Facilitation & Education

Exclusive for Public Safety Professionals and Their Families
Police Fire EMS Dispatch Corrections Chaplains Spouses Forensic Medical

615-373-8000

follow voice prompts
www.serveprotect.org
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MEDICAL PROFESSIONALS ARE MORE THAN



YOU ARE OUR LIFELINE

When your job is overwhelming - like now,
WE ARE YOUR LIFELINE
FOR INVISIBLE WOUNDS

The compassion you feel is why you serve. But that same compassion can be overwhelming, emotional, especially with a patient loss. Compassion fatigue is real. We get it. We can help you through the tears.

If you are a medical professional - floor nurse, respiratory therapist, nurse practitioner, work in anesthesia, recovery, restorative health, emergency medicine, life flight nurse, or care for our nations greatest generations in nursing homes and assisted living - we are here for you. Our peer advocates know you, because they are you.

WE ARE HERE TO HELP WITH THOSE EMOTIONAL WOUNDS THAT FILL YOUR DREAMS




call
CONFIDENTIAL
615-373-8000
www.serveprotect.org
Serving Families, Saving Lives



Serving Public Safety Professionals And Their Families Since 2011

HOPELESSNESS CAN BE DEADLY



When you are alone with your thoughts, sitting in solitude, the silence is deafening but you can hear your heart beating. The tears well up in your eyes. You feel detached.

You can find no reason to hope. You are sure no one cares. You want it to end. Now.



Before choosing Suicide, make one phone call. We care. We WILL help. There is hope, and we will help you find it. Don't be deceived by voices of depression, hopelessness.

615-373-8000

Since 2011, Serve & Protect has found hope for almost 5,000 first responders and their families. When they were at the end of their rope, we have been there. They chose life. They found hope.

Together, we will find your hope. Call us today.

Visit our website
www.serveprotect.org
 free mobile app, free seminars

LOST? HOPE FOUND!

The crushing impact of the job can be overwhelming. Every day. Every week. Every year. You grasp for a glimmer of hope, but too often the glimmer fades. You desperately want the memories to stop. You think hope is lost.

Problem is, you feel alone. No one to help.

Never alone again.
 Hope is here - now.

Our peer advocates are active / retired first responders. They know the job, and will talk with you confidentially.

Finding hope begins with a phone call.

REAL SOLUTIONS FOR REAL PROBLEMS

www.serveprotect.org
 Confidential 24/7 Crisis Line
615-373-8000
 We facilitate trauma services for public safety.





**A safety net of
 Hope & Healing**

Over this last weekend before the New Year, God saw fit to send 3 spontaneous notes of encouragement from some we have helped. As one who has helped us through the years, this is real return on investment. Lives saved. Lives changed. Hope found. Thank you.

Rob Michaels

*About a year ago your group found me someone to talk with. . . I would not be here without your group and help. My daughter is grateful too.
Rec'd December 28, 2018*

*Hi Rob! I wanted to take the time to wish you a happy new year! I know I am terrible at returning messages but please know how grateful I will always be to you for being instrumental in saving my life! I pray God will bless you abundantly always. In my eyes you are a true hero because you have helped so many and helped us find hope in hopelessness. Happy New year my friend, and my brother!
Rec'd December 29, 2018*

*Hi Rob,
Just went to your website and I wanted to thank you from the bottom of my heart.

I realize that my faith and spirituality have been lacking since I retired in 2015. Reading your words made me realize that when you are lacking in the aforementioned, the rest of your life really is shallow.
I have gone back to getting on my knees every day and letting God know that I am once again putting my faith and spirituality first and give my life to him.

Thank you for hearing me out on this!
God bless Sir....
Rec'd December 30, 2018*



SERVE & PROTECT

**SERVING THE HEART
OF THOSE WHO PROTECT**

IN THEIR OWN WORDS . . .

If I had not spoken with you on the 11th of January, I am not sure which road I have may taken with my grief. If it was not for Serve & Protect, I know in my heart I would have committed suicide after Jeff committed suicide. I was broken and torn I could not think straight, all I wanted was to be with my husband I did not know how I would go on with out him.. With Rob's prayer and hope and strength he seen in me, also my family, I was able to go one more day one day at a time. To know that someone cared about a complete stranger and could look at me with compassion in his eyes and feel the need to help me and my family gave me Hope. You have uplifted me over and over with a simple prayer every time we speak.

(Ginny, Widow TN)

As a finance to the officer that was shot in line of duty and lost his job we have faced the daily struggles along with the uncertainty on how to provide for our family during the holiday seasons. It was a probably the lowest point that we encountered Robert Michaels. He was our saving grace. He took his time to reach out to us and gave us support (both spiritually and financial) and pointed us to the right direction...Church. We were both Christian people but seemed to be putting blame instead of asking for God to lead us in the right direction. From that meeting in an McDonald's at Cool Springs one afternoon forever changed our lives. Serve & Protect (Rob) showed us the kindness and generosity

from people we've never meet but we're willing to reach into their pockets to help our family. I have never told this story publicly maybe probably because of pride but if any of our friends or family or especially fellow officers can or will help out I encourage you to do so. You never know you might be the next one who needs the uplifting support that we've gotten from the SERVE & PROTECT organization. So please just take a minute and reach into your pocket and give them what you can. I promise it will and does make a difference. Thank you Rob Michaels for making the difference in our life.

(Heather TN)

I just wanted to let you know Rob, that I am eternally grateful for the compassion and support you gave to me and my family. I am now deeply committed to God, my family, and my recovery. I have almost completed all of my outpatient therapy and am an active and devoted member of Narcotics Anonymous. I am healing every day spiritually, mentally, and physically. Words cannot describe the gratitude I have for you and Sean Riley for your guidance and support. Please keep my email address. My story is a powerful one and I would be happy to convey any of it as a testimonial for Serve and Protect and Safe Call Now. You made the difference between life and death for me and I will never forget that. God bless you and contact me anytime.

(Sergeant Donnie Ray Heacox, Police Officer Lakeland, FL)

SERVING HERO FAMILIES SAVING HERO LIVES
LAW ENFORCEMENT FIRE RESCUE EMT CORRECTIONS DISPATCH

Serve & Protect has been a blessing in my life. Their guidance and counseling brought me personally out of some dark moments. The worst being when I contemplated suicide. I owe a great debt to Rob Michaels for saving my life through their mere presence and friendship.

(Paul, Corrections Lt. TN)

I was going through some very hard times and contacted Safe Call Now who in turn contacted Serve & Protect. Rob called and spoke with me on many occasions before, during, and after treatment. Those discussions have helped me stay focused on my wellbeing. I know Rob was instrumental in saving my life. I cannot imagine where I would be today without.

(Kevin, Police Chief MN)

I responded to a pool accident call and the victim was my 17 year old son who died from his injuries. At the hospital I met Rob, who heard what happened and came to help us. Over the last several months Rob seems to know just when to call and check on me and my family. And has become a spiritual rock at times for me when the sand has run out from under my feet.

(Mike, Police Chief TN)

Serve & Protect is a much needed service and component within the public safety sector. So much so that we partner with them. They bring the chaplaincy arm of the profession and reach out and follow up with those that we serve. They are a "life saving" resource for those seeking help. We support their efforts 100%.

(Sean Riley, President / Founder, Safe Call Now)

Serve & Protect has been a great contribution to Law Enforcement agencies throughout our country in providing immediate emotional counseling when a

crisis would arrive no matter what time of day or night. I have used their professional services and I was very impressed with their ability to address the crisis and make a professional referral in a timely fashion. In my professional opinion of 25 years I have not seen a more committed and passionate organization in this line of service for our emergency responders.

(Robert E. Douglas, Jr. Executive Director, National Police Suicide Foundation)

It has been a blessing to begin an incredible working relationship with Serve and Protect. There are people who care, and then there is Robert, whose vision and approach to help all of our sisters and brothers in blue, is much needed. Fallen Blue is honored to serve along side Serve and Protect

(John Gurnieri, President Fallen Blue)

As a law enforcement wife I find that an organization like Serve and Protect is a must for all our first responders. With everything our first responders face daily, Serve and Protect is there on demand to meet the most critical parts of any individual, their spiritual and emotional needs. Many wives pray for the protection of their spouse and it is awesome to know that this organization is not only there for them as an individual, but there for them spiritually and emotionally. Serve and Protect is powerful weapon!

(Allison Uribe, Chaplain San Antonio PD, CEO Wives on Duty)

You are doing truly amazing work. It also touches my heart and so wonderful how much you are helping people.

(Linda Dappen, President, National Police Wives Association)

Friends,

Every now and then a nugget of encouragement comes unexpectedly. One stood out. It was from a client we helped who had experienced severe trauma, both personally and professionally. I wrote her and said thanks, and asked her permission to share the below selectively. She encouraged me to do so.

NAME WITHHELD

MAY 2016

"I just wanted to take a moment to say thank you for what you have done with your life.

It took me 20 months of constant obsession with death and suicidal thoughts to find someone I could reach out to that could point me in the right direction. Although I couldn't even say the words out loud on the phone, I was at a point in my life when I placed that call where I knew I was either going to need to get help right now, or I would take my own life. I had multiple plans, in detail, that I thought about constantly. My mind was absolutely a prison, and I felt like I could talk to no one because suicide is such a taboo subject.

I am sure you don't remember speaking to me on the phone, or maybe you do. But you reached out and contacted a resource for me, something I could not have, and would not have ever done for myself, and I started therapy last week. I can't say that I'm anywhere close to being better right now, but at least I have hope that I will be. I finally feel like it is possible to recover from what I am going through and I have options other than death. Words cannot explain how important you are in this world. Thank you for giving me hope not only for myself, but for everyone else that you have reached. You have made such a difference. Thank you."

AUGUST 2016 - Her response to the request to share

"You most certainly do have my permission to share what I had sent. I vaguely remember sending the message due to that period of time in my life being so dark.

For the sake of further encouragement, please know that I have since started and graduated paramedic school and that I am very much on the path that I know I am supposed to follow in my life, which is not all that entirely different from yours. For the next two or three decades I plan to serve as a paramedic, and following that I have devoted my time to helping first responders. I have full intentions on going to graduate school to earn my doctorate degree in psychology and in addition I have taken to writing poetry and a novel that will hopefully someday be shared with others who have been in similarly dark places. And yes, most importantly, I am alive.

Thank you again for what you have done, are doing, and will do. You have my most sincere respect and appreciation."

May I tell you that when a message like this comes to us, it is a stark reminder we deal with life and death and may never know it. I am grateful for our Safe Call Now crisis line partners, and Ron Jones who took her initial call. We can never ever look at a caller as routine. All are different. All present differently.

I am thankful we were here to locate the help she needed.

Robert Michaels
Serve & Protect

WHAT OTHERS ARE SAYING:
KAT GOEBEL
POLICE OFFICER
APRIL 18, 2015

Dear Robert , I am putting this on your wall so that everyone can see what a great person you are . When I called safe call now , I was in a very bad way mentally, and in my spirit.

In 2009 I faced every call a officer probably wouldn't see in a life time . From a 4 yr old and mom who were hit by a drunk in front of school and kids at 11 am. And having to tell the parents was hard , then shortly after that I responded to Deputy Brian Etheridge being shot , I was with him keeping him calm and breathing while trying to get him stable to move him. He was ambushed by a guy who just wanted to kill a cop. I was in the ems truck with him and was the last to speak with him .the surgeon said he was going to be fine and so I was dropped at the station my car still at the scene because the shooter was in the field still hiding . Well a Lt came to work and didn't know what just happened so he had me answering calls with him. I heard him ask "what time did he die" I asked who? The suspect???? He said no Brian . I punched the Lt knocking his phone away and jumped out of the car throwing up everywhere ...at that point my life changed forever .

The Lt. and another very large officer had to pin me against the wall to calm me down .it was like a piece of my soul just was ripped from my heart . I worked that week everyday begging my partner to just take me home but she refused , she knew I needed to be there . That Thursday I had to tell his wife and mother what he said to me how he looked and was he scared. That was so hard because in my heart I knew he was going to make it . I lost 15 lbs in 4 days that week Sept 28 , 2009 .

Well a month later I was riding my beat and sent to a drowning of a 6 yr old who had a medical issue due to a fever and drowned in the tub .I did cpr on him for several minutes, spitting throw up out of my mouth as he was getting it out of his airway .that child also died . Then a few months later I responded to a found 2 yr old at an apartment wondering around, well dispatch knows she can count on me to handle the parent who wasn't watching the kid. As it was 110 degrees that day and a one officer call I of course was drilling mom about how it was impossible for that child to open the door .she of couse was sleeping when this happened, finally she said "maybe Jaden let him out " I said who is that , she says my 3 yr old almost 4 . I asked where he was she said she didn't know. So in my heart I knew...I called fire ems , dogs , everyone to look for this child . Well within 2 hours he was found 20 ft under in the lake behind his apartment. I ask myself all the time why ??

I was very upset with God for a long time and then realized that God doesn't give me anything I can't handle. He knows I needed to be there . Not a day goes by that I don't think of Brian .. I went to several councilors who have no clue what to do to help me .

Well Robert I want to thank you (Serve & Protect) for taking time to help find me the right person . Things are going good he let's me talk and is trying to understand me and doesn't push me into things unless I'm ready . He is also helping me with the heartache and stress that I have in regards to having a spinal fusion last yr due to on the job injury.

I wanted to put this out there so that others can see and understand and if anyone wants to reach out they can feel free . It's a slow process but I am doing so much better and understanding what is going on with me . So many officers don't understand because very few have had an officer die in their lap . I one day will share my story and hope it helps others . Thank you so much for caring for a perfect stranger . You are in my prayers . GOD knew that I needed more than what the city officers . And I was getting hit from every angle at work , because truth is since other Co workers don't understand, then they treat it as a weakness. God only puts his strongest soldiers to the front lines and I know God had me there because he knows my heart .

Thank you for believing in me , a perfect stranger but you were truly sent from God. Thank you so much I will attach a picture of Brian so that you can put a face to the name. Thank you for being a blessing and for helping me heal.

FIRST RESPONDERS
YOUR SPOUSES
 MIGHT NOT HAVE A BADGE
 BUT THEY'RE EVERY BIT A
HERO!
 THEY HAVE YOUR BACK
 SAY IT . . .
THANK YOU
 SHOW IT . . .
I LOVE YOU
 WWW.SERVEPROTECT.ORG
 24/7 COAST TO COAST
 CRISIS LINE 615-373-8000
 SHARE2CARE

Serve & Protect provides hope and encouragement for the whole Public Safety family. We honor the role of the spouse, the backbone of family life. In so doing, we hope to preserve the family unit and combat high divorce rates.

NEVER ALONE

You have so many questions. You did not know it would be like this.
 Family and friends don't get it. But you feel fear, loneliness, uncertainty when your first responder walks out the door. Where are they? What are they doing? Are they OK?
 And when they do come home, they shut you out of their world.
 Silence. Avoidance.

YOU ARE NOT ALONE ANYMORE
 Serve & Protect Spouse Advocates live in your world.
 They know the public safety family life - and all the trauma and pain.
 Each of our spouse advocates is from a family like yours.
 When you need to talk, to get perspective, to have a listening ear,
 they will take time to share your burden, to offer hope, or to just listen.
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 BUT THEY'RE EVERY BIT A
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 THEY'RE YOUR PARTNER
 - ON DUTY 24/7/365
 YOU KNOW IT -
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 WORDS OF LOVE, UNSPOKEN
 ARE LIKE A ROSE THAT NEVER BLOOMS
 THOUGHTS OF LOVE MAY BE THERE
 BUT THE FRAGRANCE NEVER FILLS THE ROOM
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THE NEED IS GREAT - WE ARE
THERE TO BE THEIR SAFETY NET

IN PUBLIC SAFETY Relevant insights by the experts
from American Military University

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HOME > EDITOR'S PICKS > DON'T LET ANOTHER YEAR PASS WITHOUT ADDRESSING OFFICER STRESS AND TRAUMA



EDITOR'S PICKS LAW ENFORCEMENT LE CAREERS MENTAL HEALTH MOST POPULAR ORIGINAL STRESS MANAGEMENT
SUICIDE PREVENTION December 5, 2018

Don't Let Another Year Pass Without Addressing Officer Stress and Trauma

START A **CRIMINAL JUSTICE DEGREE** AT AMERICAN MILITARY UNIVERSITY.

By **Leischen Stelter**, editor of *In Public Safety*

December is a time to reflect on the year and figure out how we can do better in the coming year. For those of us at *In Public Safety*, it's the perfect time to review the topics that resonated most with our law enforcement readers.

THE PROBLEM IS NATIONAL - AND STARTED AGAIN WITH A SUICIDE IN CHICAGO NEW YEARS DAY



Defense Maven > > News

Chicago PD Officer Found Dead Of Self-Inflicted Gunshot On New Year's Day



Florida deputy kills 3 family members, confesses on police radio before killing himself

By: Crystal Bonvillian, Cox Media Group National Content Desk

Updated: Dec 19, 2018 - 2:18 PM



1929 Shares

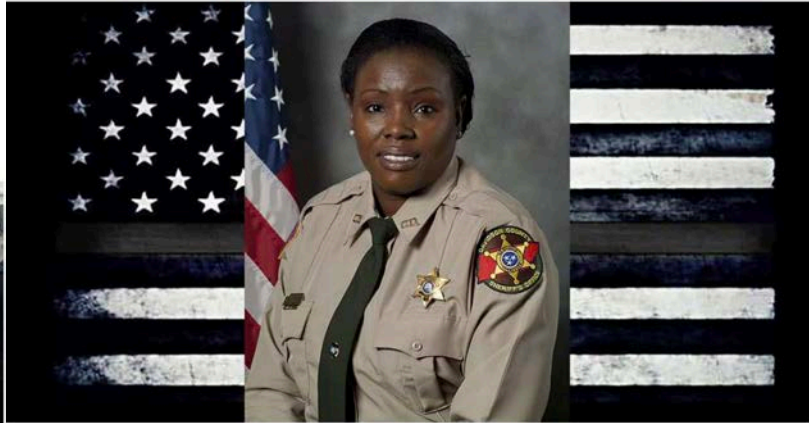


PLANT CITY, Fla. - A Florida sheriff's deputy killed himself in front of several colleagues Wednesday morning after going on his police radio and reporting that he had killed three of his family members, including a child.

Hillsborough County Sheriff Chad Chronister offered details of the still-evolving investigation at a Wednesday morning news conference.

"I'm here today, I'm saddened, but I'm also disheartened," Chronister said. "Disheartened that a deputy sheriff, a Hillsborough County deputy sheriff, would ever, ever cause harm to another individual."

Hero Down: Davidson County CO Lawanda Steele- Williams Killed In Murder/Suicide



by Holly Matkin 1 day

...

Davidson County Sheriff's Office Corrections Officer Lawanda Steele Williams killed by her husband on Sunday.

hville, TN – Davidson County Sheriff's Office Corrections Officer Lawanda Steele-Williams was murdered on Sunday, after her husband shot her in their home and turned the weapon on himself.



MEDIA



WOUNDS KILL

Targeted ads - Chicago PD where suicide rates are double LODD's

TRAUMA
Invisible Wounds Emotional Scars THAT CAN BE TREATED

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We are brothers and sisters in arms - by first responders

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Full Team Ahead

New administration focused on bringing a unifying voice to Lodge 7 and improving working conditions for all members

By MICHAEL BRUCE

As the union's new leadership takes office, the newly elected Lodge 7 officers and staff are focused on bringing a unifying voice to the union and improving working conditions for all members. The new administration is focused on bringing a unifying voice to the union and improving working conditions for all members. The new administration is focused on bringing a unifying voice to the union and improving working conditions for all members.

IN THE MARKET[®]

WITH

JANET PARSHALL

Inside News You Can Use

07 WATER SAVE
When a vehicle is sinking into the water, law enforcement officers know that there's very little time to make a difference.

22 TALK IS CHEAP
Everyone says more training for cops is a great idea, but who has the money to pay for it?

33 RESPECT
While some young people are protesting police, others are supporting law enforcement in a variety of ways.

PLUS...

- 10 Top Ten List
- 16 Opinion/Editorial
- 34 In the Line of Duty

American Police Beat

NOVEMBER 2016 VOLUME XXX NO. 11 PRICE \$4.95 www.apbeat.com



A police officer communicates with other officers in Charlotte, NC. Protests in Charlotte erupted after the fatal shooting of 43-year-old Keith Lamont Scott at an apartment complex near UNC Charlotte. (Photo by Sean Rayford/Getty Images)



Rob Michaels & Protest that face public is families.

Do us by Rob

Much players are protesting the police. In an effort to do not with the solution. Some lawmakers are forcing force to end the threat.

FOX NEWS Opinion

Home Video Politics U.S. Opinion Entertainment Tech Science Health Travel

POLICE AND LAW ENFORCEMENT

After Dallas, Baton Rouge we can't turn away from invisible wounds of cops, other first responders

By Rob Michaels · Published July 22, 2016 · FoxNews.com

250 24 15



America's law enforcement family is under attack. Just this month five of our brothers died and 7 were wounded in Dallas. In the same 24-hour period, 3 officers were ambushed in Bristol, Tenn., Valdosta, Georgia, and outside of St. Louis. And on Tuesday, another died in Baton Rouge.

ities. Police line-of-duty death by gunfire

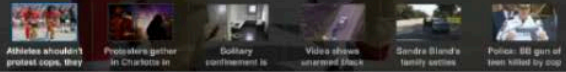
POLICING THE USA

Beyond the Range
Collected on Campus
Community
Police
Data Behind the Headlines



Athletes shouldn't protest cops, they should partner with them: Column

Read Story Rob Michaels

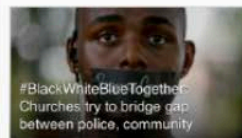


Athletes shouldn't protest cops, they should partner with them: Column

Rob Michaels 6:25 p.m. EDT September 21, 2016

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VOICES AROUND THE COUNTRY



#BlackWhiteBleedTogether: Churches try to bridge gap between police, community

Readers talk about #BlackLivesMatter, race

Readers talk about the justice system

Readers talk about their experiences with police

WAR ON FIRST RESPONDERS INCREASES TRAUMA



Source: WMUR

DEFENSEMAVEN.IO

New Hampshire Considering Bill To Ban Officers From Using Deadly Force - Blue Lives Matter

War Crime Metaphor Has Attorneys Clashing In Nashville Officer's Homicide Case

By TONY GONZALEZ • JAN 7, 2019



Assistant District Attorney Roger Moore and District Attorney Glenn Funk talk during a preliminary hearing for Metro Police Officer Andrew Delke on Friday.
GEORGE WALKER IV / POOL / THE TENNESSEAN

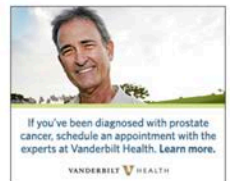


Hear the radio version of this story:

A provocative comment made during the preliminary hearing in the homicide case against Nashville Officer Andrew Delke has prompted a heated exchange between the case's competing attorneys.

At issue is how Davidson County District Attorney Glenn Funk compared the officer's defense to one used by war criminals.

"Andrew Delke was following his training — same defense that Himmler used at Nuremberg, that Lt. Calley used in Vietnam, and now Andrew Delke is propounding to this court," Funk said in his closing statement on Saturday.



Topics > Fire Department Management > Articles

Email Print Comment

Fla. fire commish: Firefighters should carry guns

Commissioner Fred Forbes said they should outfit firefighters with body armor and guns in response to first responder shootings

Sep 8, 2015



Fire Products > Personal Protective Equipment - PPE

Email Print Comment

Body armor made mandatory for S.C. firefighters

The move was spurred by recent attacks on firefighters and first responders nationwide

Sep 21, 2013

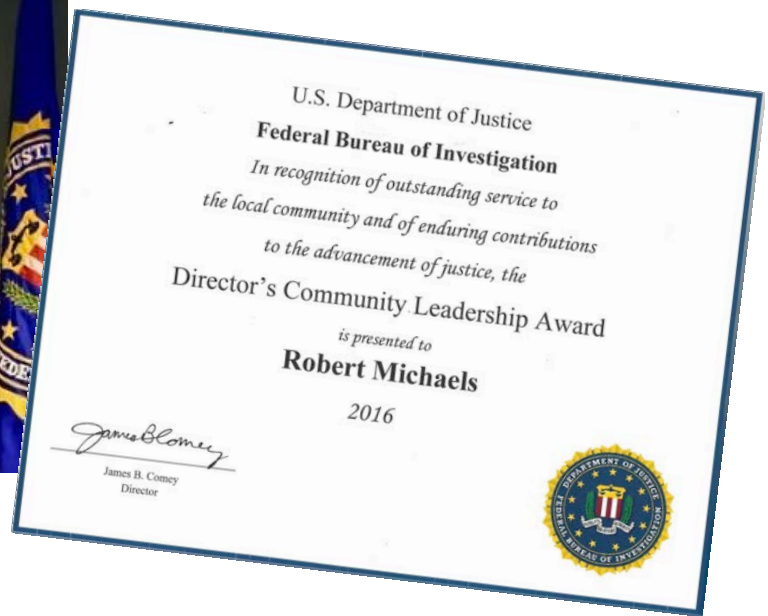
By Matt McNab
The Beaufort Gazette

BURTON, S.C. — Burton's 54 firefighters are wearing custom-fitted body armor on all emergency calls, a move spurred by recent attacks on firefighters and first responders nationwide, Chief Harry Rountree said.

Burton and several other fire departments in Beaufort County have had body armor for over a decade. Many purchased armor in 2000, after four police officers from Port Royal and Beaufort were wounded in a shooting in August 1999.

RECOGNITION

2017 FBI DIRECTOR'S COMMUNITY LEADERSHIP AWARD



PROCLAMATION

WHEREAS, the members of this legislative body are pleased to recognize those corporations and organizations that are dedicated to helping those in need; and

WHEREAS, Serve and Protect is one such organization, which, for the past four years, has remained unwavering in its commitment to helping criminal justice and emergency services personnel and their families; and

WHEREAS, on July 1, 2015, Serve and Protect, a nonprofit corporation based in Brentwood, celebrated the fourth anniversary of its founding. Founded in 2011 by Robert Michaels, a former military policeman and Norfolk Police detective, Serve and Protect is the only independent resource that provides a comprehensive scope of service designed to serve the individual needs of professionals and families in crisis; and

WHEREAS, Mr. Michaels founded Serve and Protect to help law enforcement professionals, firefighters, first responders, and emergency services professionals who may experience anxiety on the job, resulting in a higher rate of suicide, addictions, divorce, domestic violence, and mental health issues; and

WHEREAS, the numbers are both and staggering: 85% of first responders and 35% of dispatchers experience the symptoms of post-traumatic stress disorder, 40% of first responders are involved in domestic violence, 75% of police officers and 87% of firefighters experience divorce, and a law enforcement officer commits suicide every seventeen hours; and

WHEREAS, Serve and Protect offers a wide array of services to help these individuals, including a national crisis line staffed by active and retired first responders who understand the needs of callers and offer confidential, immediate help through Serve and Protect's four core options: residential care, which works hand-in-hand with partner Safe Call Now to ensure the greatest level of beneficial care; chaplain alliance, a network of 3,200 chaplains on call throughout the country; mental health alliance, a network of trauma therapists and counselors dedicated to the resolution of emotional wounds; and case management, which ensures the rehabilitation and restoration of the individuals and their families; and

WHEREAS, Serve and Protect has a number of strategic alliances with organizations throughout the country that strengthen and improve their level of service to those in need. Their cooperative efforts with Safe Call Now, the International Conference of Police Chaplains, the Federation of Fire Chaplains, the Mental Health Education Foundation, the Firefighter Behavioral Health Alliance, and the National Police Suicide Foundation provide a broad-based, seasoned team who provides confidential, compassionate, and comprehensive help; and

WHEREAS, in addition to his work with Serve and Protect, Robert Michaels also serves as the State Chaplain for the Tennessee Fraternal Order of Police and is the founder of the Guns'n'Hooves Bible Fellowship; and

WHEREAS, the individuals of Serve and Protect have served with vigilance, helping thousands to cope with the incredible pressures and anxiety that come with serving in the criminal justice system and emergency services, and it is wholly fitting that we recognize this sterling organization on this occasion; now, therefore,

I, Ron Ramsey, Speaker of the Senate of the One Hundred Ninth General Assembly of the State of Tennessee, at the request of and in conjunction with Senator Jack Johnson, do hereby proclaim that we commend and congratulate founder Robert Michaels and the dedicated individuals of Serve and Protect on their celebration of the corporation's fourth anniversary, extending our unbridled appreciation for their unwavering dedication to serving those in need.

Proclaimed in Nashville, Tennessee, on this 8th day of July 2015.



Ron Ramsey
Ron Ramsey
Speaker of the Senate

Jack Johnson
Jack Johnson, Senator
23rd Senate District

STATE OF TENNESSEE

HOUSE OF REPRESENTATIVES

House Joint Resolution No. 960

By Madam Speaker Harwell

A Resolution to recognize Serve and Protect upon its fifth anniversary.

WHEREAS, the members of this General Assembly are pleased to recognize those corporations and organizations that are dedicated to helping those in need; and

WHEREAS, Serve and Protect is one such organization, which, for the past five years, has remained unwavering in its commitment to helping criminal justice and emergency services personnel and their families through facilitating trauma responders, and emergency services professionals who may experience trauma on the job, resulting in a higher rate of PTSD, suicide, addictions, divorce, domestic violence, and mental health issues; and

WHEREAS, the numbers are both and staggering: 85 percent of first responders and 35 percent of dispatchers experience the symptoms of post-traumatic stress disorder; 40 percent of first responders are involved in domestic violence; 75 percent of police officers and 87 percent of firefighters experience divorce; and a law enforcement officer commits suicide every seventeen hours; and

WHEREAS, Serve and Protect offers a wide array of services to help these individuals, including a national crisis line staffed by active and retired first responders who understand the needs of callers and offer confidential, immediate help through Serve and Protect's four core options: residential care, which works hand-in-hand with partner Safe Call Now to ensure the greatest level of beneficial care; chaplain alliance, a network of 3,200 chaplains on call throughout the country; mental health alliance, a network of trauma therapists and counselors dedicated to the resolution of emotional wounds; and case management, which ensures the rehabilitation and restoration of the individuals and their families; and

WHEREAS, Serve and Protect has a number of strategic alliances with organizations throughout the country that strengthen and improve their level of service to those in need. The organization's cooperative efforts with Safe Call Now, the International Conference of Police Chaplains, the Federation of Fire Chaplains, the Mental Health Education Foundation, the Firefighter Behavioral Health Alliance, and the National Police Suicide Foundation provide a broad-based, seasoned team who provides confidential, compassionate, and comprehensive help; and

WHEREAS, in addition to his work with Serve and Protect, Robert Michaels also serves as the State Chaplain for the Tennessee Fraternal Order of Police, on-call Chaplain for area police and fire departments, and the FBI Chaplain for the Tennessee Division, Nashville, TN; and

WHEREAS, on September 9, 2015, Mr. Michaels served as Guest Chaplain for the United States House of Representatives, an honor for which Congresswoman Marsha Blackburn nominated him; and

WHEREAS, the individuals of Serve and Protect have served with vigilance, helping thousands to cope with the incredible pressures and anxiety that come with serving in the criminal justice system and emergency services, and it is wholly fitting that we recognize this sterling organization on this occasion; now, therefore,

BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE ONE HUNDRED NINTH GENERAL ASSEMBLY OF THE STATE OF TENNESSEE, THE SENATE CONCURRING, that we commend and congratulate founder Robert Michaels and the dedicated individuals of Serve and Protect on their celebration of the corporation's fifth anniversary, extending our unbridled appreciation for their unwavering dedication to serving those in need.

ADOPTED: April 16, 2016



Bob Harwell
Bob Harwell
SPEAKER OF THE HOUSE OF REPRESENTATIVES

Ron Ramsey
Ron Ramsey
SPEAKER OF THE SENATE

Sam Harlow
Sam Harlow

Free downloadable NOTE CARDS POSTERS

All of us at Serve & Protect would like to say

Happy Mother's Day

to all Mothers serving in public safety, who selflessly work this day and other special days to protect their community. You sacrifice much for so little thanks.

May God bless and watch over you and your families. May He keep you all safe and in His care. May He provide for your needs, still your heart in times of trouble, and bring you peace and joy. You are true heroes in your child's eyes.

www.serveprotect.org
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HAVE YOU SERVED AS A FIRST RESPONDER, IN CORRECTIONS, OR DISPATCH?

DO YOU WISH YOU COULD DO SOMETHING TO HELP YOUR PEERS WHO ARE HURTING?

LAST YEAR MORE POLICE AND FIREFIGHTERS DIES FROM SUICIDE THAN IN THE LINE OF DUTY.

Serve & Protect is growing, getting more calls for help!

We are looking for volunteer peer advocates who are either active or retired public safety professionals to join our A-Team. We care so we serve. You might be the difference in helping a peer go from hurt to hope.

If interested, email Ron Jones, our Director of Operations and Training.
ron@serveprotect.org



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Invisible wounds cut deep. Left untreated, they can be as deadly as a gunshot or stab wound left untreated. Those invisible wounds are the result of the trauma of the job. Cumulative exposure over time, with years of critical incidents like fatalities, homicides, suicides, crimes against children, and so much more cause the wounds.

Emotional scars can cause symptoms, signs of post traumatic stress. They are invisible wounds that can be treated. Like a gunshot, proper treatment usually results in healing.

Suicide among public safety too often is the result of PTS symptoms left untreated, and without proper help, can be the tragic yet avoidable result.

We are just a confidential phone call away. We will locate a trauma therapist near you who takes your insurance and understands your job. We interview and hand pick every therapist. Help is here. Now. We are YOUR advocate 24/7/365/Nationwide.

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IT'S FORGED
TO WEATHER THE STORMS**

**NOT THROUGH GENES
BUT THROUGH LIVING -
FACING GOOD AND BAD ALIKE,
EMBRACING PEACE - CONFRONTING DANGER**

**ULTIMATE COURAGE IS ROOTED IN
FAITH, HOPE, AND LOVE.
IT'S LIVED OUT AT HOME & ON THE JOB
IT'S LIVING LIFE WRAPPED IN PRAYER**

**COURAGE OVERCOMES
NOT A ABSENCE OF FEAR - RATHER
COURAGE CONQUERS FEAR**



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2015 CONGRESSIONAL OPENING PRAYER - INTRODUCED BY AND GUEST OF CONGRESSMAN MARSHA BLACKBURN



NOMINATED AND
INTRODUCED BY
CONGRESSMAN MARSHA BLACKBURN

ROBERT MICHAELS
GUEST CHAPLAIN
U.S. HOUSE OF REPRESENTATIVES
OPENING PRAYER
SEPTEMBER 9, 2015



PROFESSIONAL LEVEL TRAINING



HIPPA COMPLIANT CASE MANAGEMENT

CONTACT EDIT
New Contact

Contacts not associated with accounts are private and cannot be viewed by other users or included in reports.

Contact Edit [Save] [Save & New] [Cancel]

Contact Details

Salutation: --None--
First Name:
Last Name:
Spouse:
Title:
Company/Organization:
Occupation: --None--
Shift: --None--
Date of Original Contact: [1/9/2019]
Birthdate:
Additional Notes:

Active: ☐
Archive: ☐
Client: ☐
Donor: ☐
Sponsor: ☐
Provider: ☐
Chaplain: ☐
Therapist: ☐

Contact Information

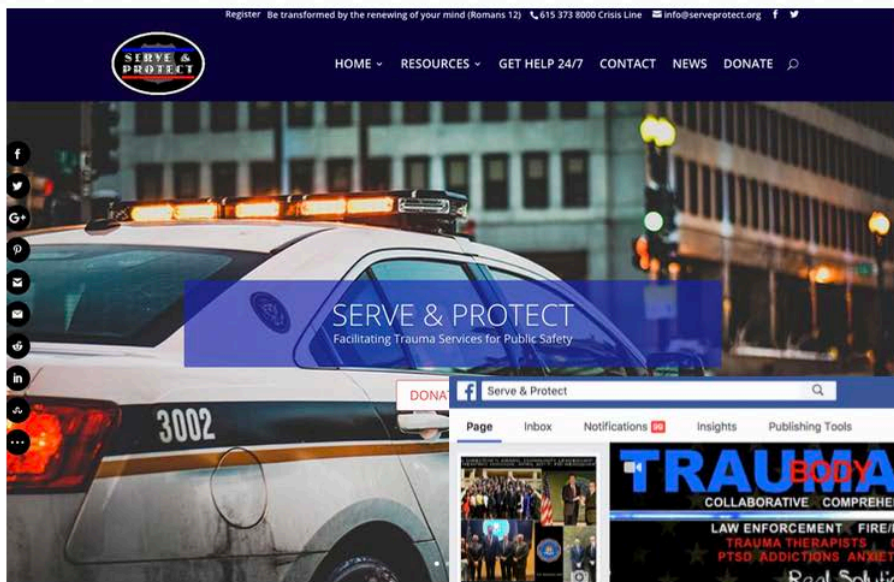
Preferred Phone: --None--
Home Phone:
Mobile:
Work Phone:
Other Phone:
Preferred Email: --None--
Personal Email:
Work Email:
Alternate Email:
Fax:

Address Information

Primary Address Type: --None--
Mailing Street:
Mailing City:
Mailing State/Province:
Mailing Zip/Postal Code:
Mailing Country:
Secondary Address Type: --None--
Other Street:
Other City:
Other State/Province:
Other Zip/Postal Code:
Other Country:
Notes re Second Address:

Description Information

Description of Presenting Issue:
Recurring thoughts of past incidents? ☐
Presenting Issue (check all that apply):
Available: Addictions, Administration Issues, Anger/Rage
Chosen:
Description of Recurring Thoughts:



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AND
INFORMATIONAL
VIDEOS AND
ARTICLES

FACEBOOK PAGE WITH
INSTRUCTIONAL AND
INFORMATIONAL
VIDEOS AND ARTICLES
- 20,000+ LIKES,
19,600 FOLLOWERS



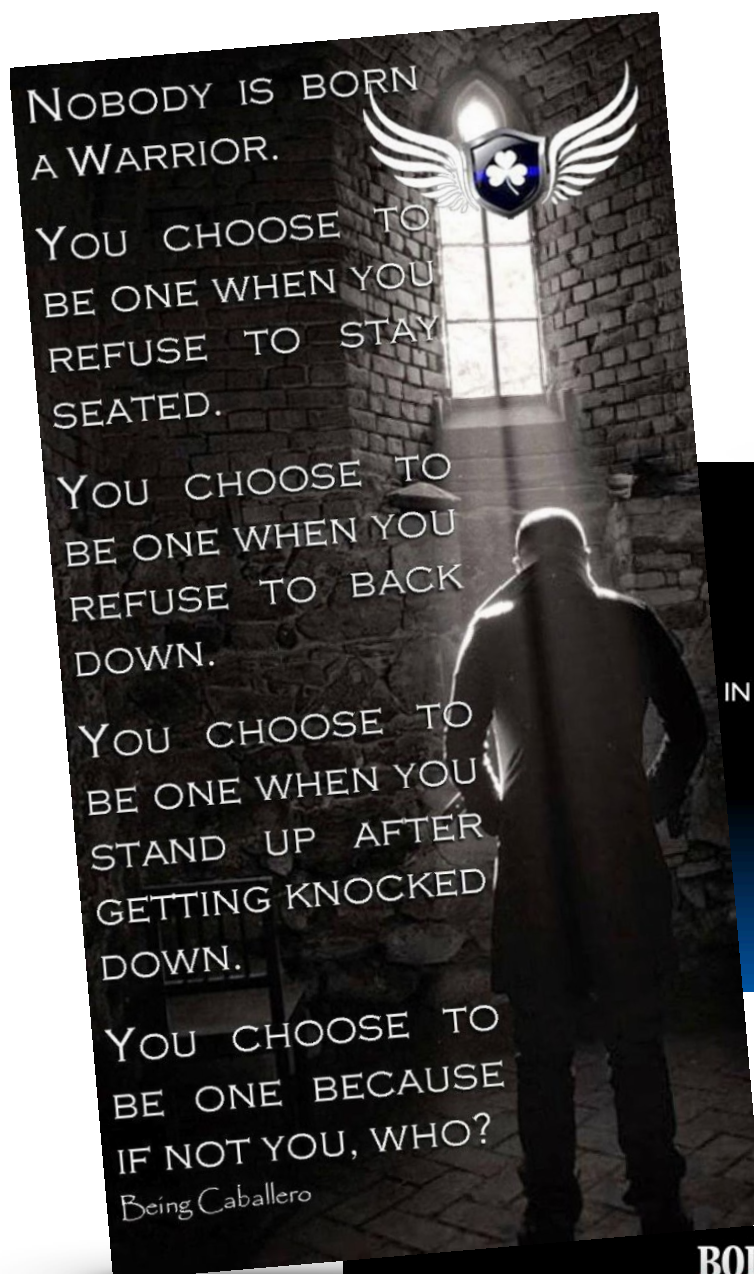
MINISTRY PAGE
WITH ARTICLES
AND INSPIRATION

FOP NATIONAL / NASHVILLE



**SERVE & PROTECT - A 41 YEAR JOURNEY FROM MP
AND DETECTIVE TO THE LAUNCH IN 2011 - SINCE
THAT LAUNCH, MORE THAN 5,000 LIVES AND
FAMILIES HELPED.**





Serve & Protect
exists to serve those who answered
the call to keep our communities
safe, who run into burning buildings,
extricate broken bodies from mangled
vehicles, take that 911 call from a
panicked victim, sift through crime
scenes and examine crime victim
bodies, and chase those who run to
the gunfire.
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47 BY GUNFIRE

OF THE 157 SUICIDES

- 22 retired
- 10 former officers
- 12 corrections

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• Former law enforcement
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NO MATTER HOW DIFFICULT
NO MATTER HOW UNFAIR -
YOU WILL DO MORE THAN SIMPLY SURVIVE**



YOU WILL THRIVE - IN SPITE OF IT ALL

Beyond Survive - Strength To Thrive



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